::HelpSteps

Pilot Study of a Mobile-based Social Services Self-Screening and Referral Tool in an Urban Pediatric Emergency Department









Mia Kanak¹, Eric Fleegler², Alexa Curt², Michael Monuteaux², Kendall Burdick³, Melissa Deane², Peter Warrington⁴, Amanda Stewart²

¹Children's Hospital Los Angeles, ²Boston Children's Hospital, ³University of Massachusetts Medical School, ⁴Veta Health

Background

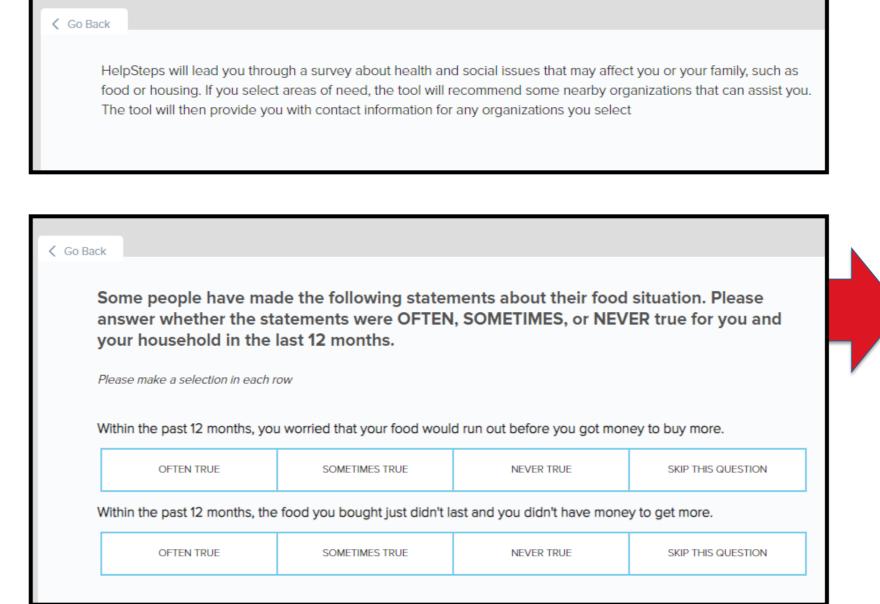
- In Massachusetts, nearly 400,000 children live in low-income households.
- Many families presenting to the Emergency Department (ED) have unmet social needs.
- Electronic screening is common and may be preferred.

Objectives

- Assess the feasibility of using a mobile screening and referral tool in a pediatric ED.
- Determine if HelpSteps helps patients identify needs and links to appropriate referral services post-ED visit.

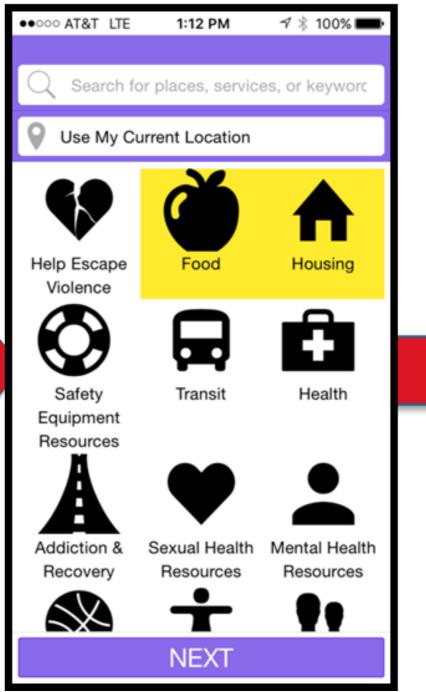
Methods

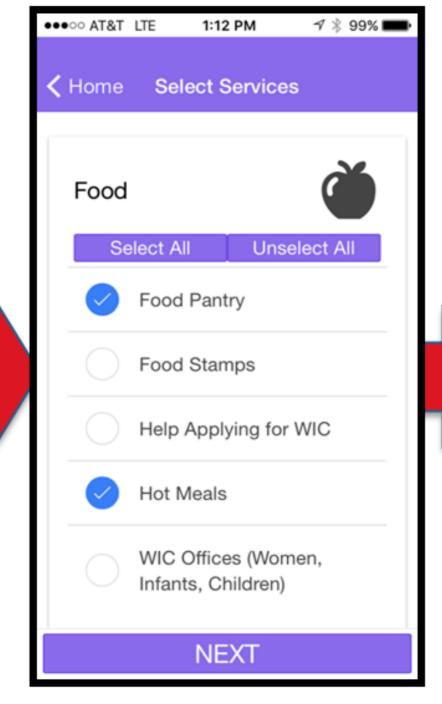
- Prospective convenience sample of 330 adults seen in an urban pediatric ED.
- Exclusion criteria:
 - 1. High acuity (Emergency Severity Index 1&2)
 - 2. Non English or Spanish-speaking
- Plan to evaluate:
- 1. Social services needs & follow-up
- 2. Usefulness of the application
- 3. Physician perspectives



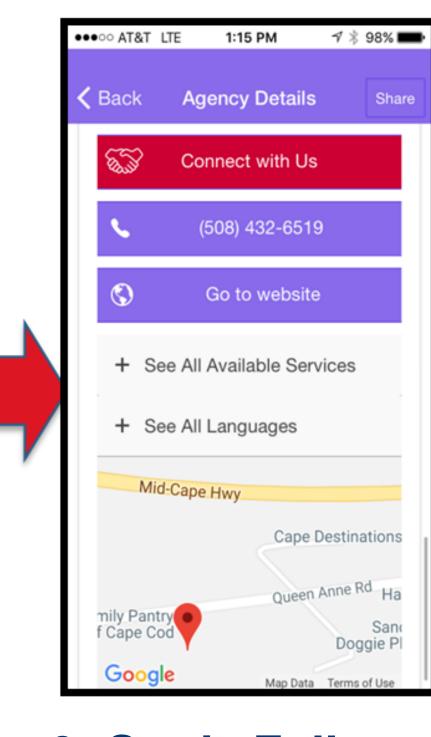
Step 1: Social Needs Screening

- CMS Accountable Health
 Communities Screening Tool
 (housing, food, utilities,
 transportation, domestic violence)
- Drop down list of 21 service categories
- Domestic violence screening only if adult is alone









Step 2: HelpSteps

- Search for services using guided screening tool
- Over 100 languages available
- Over 13,000 agencies throughout Massachusetts
- Save favorite agencies and share with others
- 24 hour hotlines (Mass2-1-1 and BPHC)
- Detailed Referral Sheet available via e-mail, text, or print
- Available via Web and App (iPhone and Android)





Step 3: Study Follow-up

- Immediate & 1 month follow-up surveys
- Social work consult if requested or indicated
- Domestic violence followup call as needed
- EMR integration allows health care providers to see results

Partnerships

- 1. United Way's Mass 2-1-1
- 2. Boston Public Health Commission's Mayor's Health Line
- 3. Greater Boston Food Bank



