



**Boston
Children's
Hospital**

Until every child is well™

Adolescent Substance Use
and Addiction Program

ASAP is committed to reducing and preventing substance use disorders and related behaviors in children and adolescents. Our clinical program strives to create the right treatment program for each patient and family.

Clinical services we offer

- Comprehensive evaluation
- Individual counseling
- Group therapy: three separate tracks each with young adult and parent components
- Medication supported recovery for opioid and alcohol dependence
- Drug testing*
- Psychopharmacology for dually diagnosed adolescents
- Parent guidance
- Case management
- Medical consult and follow up for families who would like a substance use expert to join an existing mental health support team

Comprehensive Evaluation and Diagnostic Assessment

The diagnostic assessment takes place over the course of three appointments scheduled in a two-to-three week period. The exact configuration of appointments may vary depending slightly depending on availability and scheduling.

During these visits, the adolescent and their family members meet individually with a pediatric clinician and a mental health provider. Each appointment lasts about an hour.

- The adolescent will meet with a pediatric clinician and their parents/guardians will meet with a mental health clinician.
- The adolescent will meet with a mental health clinician and their parents/guardians will meet with a pediatric clinician.
- Our clinical team will meet to discuss the information we have gathered, and will make treatment recommendations.
- The family will meet with one clinician to discuss impressions, treatment and recommendations and options.

Treatment plans may include a combination of our clinical services. Your provider will discuss treatment recommendations with you, including the risks and benefits of different types of treatment.

** ASAP's drug testing is part of a treatment program. ASAP does not offer one-time drug tests for adolescents outside of the program.*