



## **PLEASE CITE WORK AS:**

*Message Banking, Voice Banking and Legacy Messages*

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## **DEFINITIONS:**

***Voice Banking*** is a process of recording a large inventory of your speech that is then used to create a synthetic voice that approximates your natural voice.

Done successfully, this would allow one to spell and create unique messages and then speak them through a synthesizer that approximates one's natural speech. There are now several options (both free and fee based) to create a voice.





## ***Message Banking with your own***

***voice*** *digitally record and store words, phrases, sentences, personally meaningful sounds and/or stories using your natural voice, inflection and intonation.*

These messages are catalogued as .wav files and may then be linked to messages in a variety of augmentative communication technologies or sound storage files. This will allow you to 'retrieve' a message and speak it in your own voice but does not allow you to create novel messages by spelling. If you have recorded individual words, you may combine those words to create unique messages, although the output will sound more staccato than your natural speaking.

***Message Banking by proxy*** is the election of a proxy voice to do all recordings because issues of fatigue, pain or intelligibility may make it difficult for an individual to bank all messages. In this case, the patient may still bank '*legacy messages*' but the majority will be banked by proxy.





## TERMINOLOGY:

***Legacy Messages*** are those messages, often delivered with unique intonation and prosody that are unique or particular to you. It may be a 'trademark' message you say or it may be a trademark *delivery* of a message that many people say. A legacy message does not need to be meaningful to the general population instead it may have unique and personal meaning to only you and a loved one. Further, a legacy message does not need to be real words to be meaningful. It may be the way you clear your throat in a sarcastic manner to communicate "*I told you so*" or it might be the invented pet name you have for a loved one delivered with your unique voice, intonation and prosody. Similarly, legacy message may be that stereotypical thing you say after your favorite sports team scores or it may be a unique greeting you deliver to friends. Those close to you may be helpful with identifying these *Legacy Messages* because sometimes they are so naturally part of socially relating with others, you may not even be aware you are 'known' for them.

## ***Context or 'Relationship' Vocabulary:***

are those words, phrases and full messages one uses to effectively participate in an interaction is a specific context such as 'how to help me transition to my wheelchair' or 'talking with my board of directors' or





‘discussing my status with my therapist’. It is the predictable *script* in an interaction or a relationship.

## THE VOCABULARY:

The following vocabulary was message banked by people with ALS. People graciously permitted us to share their messages and we attempted to organize vocabulary by categories for ease of reference. *This list is NOT intended to be a script from which others record.* It is intended to give people *ideas* of messages that others thought were important.

### EXPRESSIONS

#### Idioms

It's not my cup of tea  
Just like a dream  
Off the deep end  
Once in a blue moon  
Out of the clear blue  
Practice makes perfect  
That's the way the cookie crumbles  
You missed the boat

#### Social Requests

Come talk with me  
I want a hug.  
I want a kiss.  
I'm sorry but I have an appointment now.  
Leave me alone







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May I go with you?  
 Sit over here with me.  
 Would you like to go with me?  
 You'll have to go.

## Humor

Is that your real name?  
 Sssss, I was trying to whistle!  
 That was the voice machine talking, not me!  
 That's easy for you to say!  
 Who programmed this voice machine?

## Expressions of feelings

Angry  
 Better  
 Fed up  
 Frightened  
 Frustrated  
 Good  
 Happy  
 Lonely  
 Mad  
 OK  
 Overwhelmed  
 Sad  
 Sick  
 Tired  
 Worried  
 Worse

## Time of Day Based Expressions

Did you have a good night's sleep?  
 Good morning  
 Good night, I hope you sleep well  
 Good night, I love you  
 Have a good day  
 How are you this morning?





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How is your day going so far?  
 I'd like a morning snack  
 I'd like to eat breakfast  
 I'd like to eat dinner  
 I'd like to eat lunch  
 I'd like to watch the evening news  
 It's time for bed  
 Pleasant dreams  
 What time is it?  
 When are they coming?  
 When are we leaving?  
 When do we start?

## Topic Continuations

Alright  
 Amazing  
 And then...  
 Good  
 I know it  
 I see  
 Isn't that wonderful?  
 Keep going  
 Oh yeah  
 Okay  
 Really  
 Right  
 Tell me more  
 That's good to know  
 That's great  
 That's interesting  
 Uh huh  
 Wow  
 Yeah

## Appointments

I need a haircut  
 I would like to get a manicure/ pedicure  
 We need to have the computer guy fix our computer





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I need an appointment to have my eyebrows waxed  
 I need an appointment with the dentist  
 I need to have my wheelchair fixed  
 I need to make an appointment for...  
 I need to see the doctor for ....  
 I would like to make a date with.....

## Equipment Related Phrases

Can you make an adjustment  
 I can't get it to work  
 I don't know what happened to it  
 I'm having the same kind of problem  
 It doesn't work  
 It doesn't work properly  
 It just doesn't work  
 It works once in a while  
 Rewind the tape please  
 Turn it down a little bit please  
 Turn it off

## Physical State Phrases

Can you help me move?  
 Careful, you are hurting me  
 Everything bothers me  
 I am tired  
 I don't feel like eating  
 I don't feel very well  
 I feel angry  
 I feel sad  
 I feel great  
 I feel terrible  
 I have a headache  
 I have an itch  
 I have an itch on my hand  
 I have an itch on my back  
 I have an itch on my foot  
 I need a massage  
 I need to move





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I need to rest  
 I want to lay on my back  
 I want to lay on my right (left) side  
 I want to lay on my stomach  
 I would like to lay flat  
 I'm cold  
 I'm hot  
 I'm hungry  
 I'm okay  
 I'm thirsty  
 I'm uncomfortable  
 I'm wide awake  
 It is very uncomfortable when it cramps.  
 It's cramping  
 My feet are cold, can I have my slippers (socks, etc.)?  
 My head hurts  
 Not so good today  
 Please move the pillow under my neck  
 Please put a pillow between my knees  
 Please put a pillow under my arm  
 Please rub my neck  
 Please rub my shoulders  
 Please scratch higher (lower, right, left, harder, softer)

## Ice Breaker(Conversation Opener) Phrases

By the way, .....  
 Can we talk?  
 Can you understand me okay?  
 Come, talk with me  
 Did you have a good weekend?  
 Did you know that.....?  
 Did you see.....?  
 Do you have a favorite sport?  
 Do you have any brothers or sisters?  
 Do you like your kind of work?  
 Don't be afraid to ask me questions.  
 Excuse me for interrupting  
 Hi, my name is ....







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How are you today?  
 How have you been?  
 How long have you been doing that?  
 How nice to meet you  
 How old are you?  
 I can hear and understand everything you say  
 I can understand you. It just takes me longer to answer.  
 I have a speech problem, I use this machine to talk  
 I have ALS/Lou Gehrig's disease  
 I have ALS/Lou Gehrig's disease and I have trouble speaking  
 I have something to say about that  
 I really need to talk with you  
 I think that .....  
 I use this machine to communicate  
 I would like to .....  
 I'd like to talk to you about something  
 I'd rather .....  
 It takes me a little longer to answer, please be patient  
 It's nice to finally meet you  
 It's nice to meet you  
 It's nice to see you again  
 I've been meaning to tell you  
 I've been thinking about .....  
 I've heard so much about you  
 Nice to finally meet you  
 Please tell me if you don't understand what I am saying  
 Someday I want to .....  
 Tell me about .....  
 Tell me about yourself.  
 That's interesting, tell me more  
 We need to talk  
 What are you here for?  
 What do you think about....?  
 What do you think of my artificial voice?  
 What grade are you in?  
 What have you been up to?  
 What kind of job do you have?  
 What's happening with you?





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What's happening?  
 What's new?  
 What's your name?  
 Where are you going?  
 Where do you go to school?  
 Where do you live?  
 Where do you work?

## Phone Conversation Phrases

Call me back when you can  
 Can you have (someone) call me back?  
 Can you please hold on for a moment, I have another call?  
 Do you understand me?  
 Give me a call in a few minutes  
 Give me a call tonight  
 Good to talk to you  
 Goodbye  
 How are you?  
 I enjoyed our phone call  
 I have a speech problem; I use a machine to talk. Please be patient  
 I use a machine to help me talk  
 I will call you soon  
 I will talk to you soon  
 I'd like to talk to ...  
 I'll let her/him know that you called  
 I'll look forward to talking to you soon  
 I'll try and call you  
 I'm going to call him (her, them)  
 I'm so happy you called  
 I'm sorry he/she is not here at the moment; may I ask who's calling?  
 I'll talk to you soon  
 Let's talk soon  
 May I take a message  
 Nice to talk to you  
 Talk to you later  
 Thanks for calling  
 The number I am trying to dial is ...  
 This is (give your name)





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## Goodbye/Farewell Phrases

Come back again soon  
 Good bye  
 Good night  
 Great to see you again  
 Have a nice day  
 Have a safe flight  
 I enjoyed seeing you, thanks  
 I guess I better be going, great to see you  
 I have to get going  
 I hope to see you again  
 I'd like to see you again  
 I'll talk to you soon  
 I'm so glad I got to meet you  
 It was good of you to come today  
 It's been a pleasure meeting you  
 I've been meaning to call you  
 See you later  
 See you soon  
 So long!  
 Talk to you soon  
 Thank you for visiting with me  
 Thanks for stopping by  
 Thanks for visiting  
 When will you come back?

## Request for Assistance

Can you answer the phone?  
 Can you help me, please?  
 Can you help me balance the account?  
 Can you help me make a deposit in the bank?  
 Can you help me reorder checks for my checking account?  
 Can you help me shave?  
 Can you help me take a shower?  
 Can you help me wash my face (hands)?  
 Can you help me with the computer?  
 Can you help me write a check?





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Can you help to put the groceries away?  
 Can you help to clean up?  
 Can you keep me company for a while?  
 Can you make me something to eat?  
 Can you move me over there?  
 Can you please pick that up off the floor, I dropped it by accident?  
 Can you read me a book (magazine)?  
 Can you repeat what you just said?  
 Can you turn me over?  
 Can you turn on the computer?  
 Can you turn the TV on?  
 Can you wait and help me?  
 Can you wash my hair?  
 Hand me that, please  
 Help  
 Help me get dressed  
 Help me move this  
 Help me put on my pants  
 Help me put on my socks  
 Help me put this on  
 I need information about ...  
 I need some help with trying to figure out the best way to communicate with you  
 I need the bedpan  
 I need the urinal  
 I need to be wiped  
 I need to take my medicine  
 I need you to call my family  
 I need you to call the nurse  
 May I have something to drink (eat)?  
 Please bring that over here  
 Please brush my hair  
 Please brush my teeth  
 Please button my shirt (coat, blouse, jacket)  
 Please change the position of the bed (chair) up (down, right, left, back, forward)  
 Please come right back  
 Please help me get dressed  
 Please help me get ready  
 Please help me move over there







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Please help me reach for the .....

Please open (close) the window

Please read to me

Please take me outside

Please tell me if you understand what I am saying

Please turn on (off) the heat (A/C)

Please turn on (off) the lights

Please turn on/off the radio (IPOD, DVD player, TV)

Please turn that on (off) for me

Please wait for me

This is an emergency!

Turn that on for me

Will you be able to help me with ....?

Will you stay and help me finish this?

Will you stay for a while?

Would you help me with my coat (shoes, pajamas, shirt, pants) please?

Would you make a phone call for me?

## Exclamations

Are you crazy?

Are you kidding me?

Are you out of your mind?

Are you serious?

Can you believe that?

Don't be ridiculous

Excellent

For God's sake

Get a life

Get help now!

Get out of here

Give me a break

I can't believe it

No kidding

No Way

Oh my God

Perfect

Really?

That's amazing





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That's beautiful  
 That's crazy  
 That's great  
 That's gross  
 That's just great  
 That's just perfect  
 That's really great  
 That's the last resort  
 That's wonderful  
 Unbelievable  
 Unfortunately  
 What were you thinking?  
 What?

## Encourage/Discourage Comments

Absolutely not  
 Do you really think so?  
 How do you know?  
 How fabulous for you  
 I agree  
 I agree with that  
 I don't agree  
 I don't doubt that  
 I don't think so  
 I doubt that  
 I think I already said that  
 I think that is correct  
 I wish you wouldn't do that  
 I'd really like to talk about it  
 I'm not so sure  
 I'm sure that's right  
 No way, that's wrong  
 That's a possibility  
 That's correct for sure  
 That's really awful  
 That's right  
 That's true  
 Too funny!





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Who said so?  
 Why didn't you ....  
 Wow, that's great  
 You are amazing  
 You could have helped out a little bit  
 You could have...  
 You missed the boat  
 You're kidding  
 You're right about that  
 You're wrong about that  
 You've done a great job  
 You've helped me so much

## Location Marker Phrases

Do you know where...  
 I am going home  
 I don't have to go....  
 I don't know where it is  
 I go the opposite way  
 I had to go back  
 I may not go back  
 I am ready to go back  
 I want to go ....  
 I want to stay...  
 I'll meet you there  
 I'm going back  
 In my room  
 Is he gone?  
 Put that here (there)  
 Side by side  
 There's more over there  
 We are going...  
 Where is it?  
 Where should I go?  
 It's here  
 It's over there  
 I'm here





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I'm in the bedroom (kitchen, living room, family room, bathroom, study)

## Conversation Modifiers/Repairs

Ah, now I see

Can you please repeat that?

Can you wait a moment?

Could you speak up a little?

Do you understand me?

Do you understand what I mean?

Does anyone have any ideas?

Excuse me for interrupting

Excuse me, may I say something?

Huh?

I changed my mind

I didn't hear you

I don't get it

I don't understand

I don't understand what you are saying

I don't want to talk about it anymore

I get it

I have something to say about that

I need some help with trying to figure out the best way to communicate with you

I think that's correct

I'm going to start over

It's a touchy subject

I've been meaning to tell you

Just a minute, I'm not finished

Just a minute, let me think about that

Keep going, I need a break

Let me see that

Let's change the subject

Let's do it another time

Let's not go into that again

Let's see

Let's try that again

No way!

No, I meant something else

No, no, no







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Please don't change the subject  
 Please let me finish  
 Please wait until I finish what I'm trying to say  
 Say that again, I missed that  
 That's not true  
 That's not what I meant  
 Wait, let me rephrase that  
 What did you say?  
 What do you mean?  
 Who are you talking about?  
 Would you mind spelling that for me?  
 You misunderstood me  
 You're right about that  
 You're wrong about that

## Interpersonal Comments

Are you doing anything special tonight?  
 Did you have a good weekend?  
 Excuse me  
 Fine, how are you?  
 Good morning  
 Good to see you  
 Goodbye  
 Goodnight  
 Goodnight, sleep tight  
 Have a nice day  
 Have you been there?  
 Have you heard anything?  
 Hello  
 Hi  
 Hi Mom  
 Hi Dad  
 How are you doing?  
 How's it going?  
 I'm sorry  
 Just a minute  
 No, thanks  
 Ooops





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Ouch!  
 Pardon me  
 Please  
 See you later  
 Tell me about your day  
 Tell me about your family  
 Thank you  
 Watch out  
 What do you think about that?  
 What's happening with you?  
 What's new?  
 What's up?  
 You look great (tired, sad, happy, bored, frustrated)  
 You're welcome

## Temporal Markers

A little more often  
 A long time ago  
 About a week  
 All the time  
 Any minute now  
 Are we finished yet?  
 As fast as I can  
 As soon as possible  
 At lunch  
 Before dinner  
 Before I go  
 Before I go on  
 Before you go  
 Can I give you my final decision later?  
 Can you do it real quick?  
 Can't that wait for another time  
 Come back later  
 Didn't you do it yesterday?  
 Don't bother about that right now  
 Either today or tomorrow  
 For a while  
 For good





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Get me up earlier  
 Give me a few minutes  
 How fast can you do it?  
 How Fast?  
 How long ago?  
 How long did it take?  
 How long do you think it will be?  
 How long does it take?  
 How long will it take?  
 How often can I get it?  
 How often do you do this?  
 I already did  
 I came early  
 I can't wait that long  
 I didn't get it done  
 I don't have time today  
 I haven't yet  
 I might check that out tomorrow  
 I remember the last time I did that  
 I still have the time  
 I still haven't eaten yet  
 I used to  
 I want it to be over  
 I want to hurry up  
 I was on time  
 If there is time  
 If time allows  
 I'll be right back  
 I'll be waiting  
 I'll do that now  
 I'll wait  
 I'm all done  
 I'm almost finished  
 I'm finished for tonight  
 I'm waiting for it  
 It doesn't seem fast enough  
 It happened again  
 It happens every so often





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It is time to leave  
 It isn't the first time  
 It takes time  
 It took so long  
 It will be a while  
 It won't be forever  
 It's about time  
 It's busy all the time  
 It's time  
 It's time for the show  
 It's time to leave  
 Just for a short while  
 Just wait and find out  
 Late at night  
 Maybe later  
 Maybe tomorrow  
 Most of the time  
 No longer  
 Not anymore  
 Not now  
 Not quite yet  
 Now it is  
 Once again  
 Once in a blue moon  
 Once in a while  
 Once or twice  
 Over and over again  
 Please hurry up  
 Ready and waiting  
 Sooner or later  
 Take your time, have some patience  
 The last time  
 Then what after this?  
 There's not enough time  
 This weekend  
 Tomorrow morning  
 Too early for me  
 Wait a minute







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Wait for the rest of them  
 Wait until tomorrow  
 We have to wait  
 We will do it tomorrow  
 We will get to it later  
 We will get to it tomorrow  
 What time am I going?  
 What time do you think?  
 What time is it?  
 What time tomorrow?  
 What time will you be home?  
 What time would I be done?  
 What time?  
 What took you so long?  
 When I feel like it  
 When I get done  
 When I want to  
 When I'm ready  
 When is it scheduled?  
 When it all took place  
 When will you be back?  
 When you are here  
 When you come back  
 When you get back  
 Why not do it right away?  
 You better hurry  
 You've got time

## Opinion/Perspective Phrases

A little better  
 A rather refreshing outlook  
 Absolutely ridiculous  
 Boy am I glad!  
 Boy, that feels good!  
 Exceedingly good  
 He can do it





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I am getting it  
 I blew it  
 I can't figure it out  
 I can't stand it  
 I did okay  
 I didn't mind  
 I didn't really want one  
 I disagree  
 I don't believe it  
 I don't care  
 I don't feel good  
 I don't feel like seeing anybody  
 I don't have any idea  
 I don't have much choice  
 I don't honestly even know what's wrong  
 I don't like it  
 I don't like it anymore  
 I don't like to  
 I don't really care  
 I don't really like it very well  
 I don't remember it being all that hard  
 I don't think that's right  
 I don't understand what's going on  
 I enjoyed myself  
 I feel sorry about that  
 I feel the same way about it  
 I get cranky  
 I get scared to death  
 I had a great day  
 I had a great time  
 I hate it  
 I honestly don't want to do it  
 I hope you're not disappointed  
 I like it better  
 I love it  
 I need it  
 I noticed it  
 I really feel bad





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I really get off on it  
 I really like it  
 I really tried  
 I said I don't know  
 I think he (she) is kind of (cute, nice, mean, arrogant, etc.)  
 I think I did it wrong (right)  
 I think I didn't do it very well  
 I think I messed it up  
 I think I've had enough  
 I think that's bad  
 I think that's good  
 I think that's okay  
 I think that's right  
 I think this is pretty good  
 I was doing excellent  
 I was so disappointed  
 I was so glad  
 I'd like to do it  
 I'll get used to it  
 I'm concerned about it  
 I'm doing well  
 I'm embarrassed  
 I'm feeling a little better  
 I'm getting sick of it  
 I'm glad  
 I'm glad that it's done  
 I'm going to do the impossible  
 I'm just getting it from all sides  
 I'm nervous  
 I'm not anxious to take any .....  
 I'm not going to take it  
 I'm not mad at you  
 I'm really disappointed  
 I'm really having a hard time  
 I'm really worried about it  
 I'm so excited  
 I'm still not hungry  
 I'm too rushed





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I'm very hot  
 I'm very sleepy  
 It doesn't make any difference  
 It feels good  
 It feels great  
 It frustrates me  
 It happens to be my favorite  
 It is absolutely ridiculous  
 It is different alright  
 It is just your imagination  
 It is very important  
 It shook me up no end  
 It sounds confusing  
 It sounds good  
 It sounds good to me  
 It still hurts  
 It suddenly becomes important  
 It was no good  
 It was wrong  
 It would be much easier  
 It's amazing  
 Its got me bothered now  
 It's not important  
 It's not my cup of tea  
 It's slightly obvious  
 It's so bad  
 It's such a hassle  
 It's too bad  
 It's weird  
 It's wonderful  
 I've had it  
 Just great  
 Just plain good  
 Kind of tired  
 Look out world, here I come  
 Makes me mad  
 Nobody seems to understand  
 Pretty ugly, huh?







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That hurts  
 That is amazing  
 That isn't fair  
 That makes me laugh  
 That should be hard to do  
 That will be fun  
 That would be great  
 That's all right  
 That's difficult  
 That's easy  
 That's hard  
 That's logical  
 That's my problem  
 That's pretty good  
 That's what I like  
 That's why I feel the way I do  
 That's wonderful  
 Too much for me  
 What a jerk  
 What a turkey  
 When I am tired  
 You will love it

## Requests for Specific Information

Am I right or wrong?  
 Any particular reason?  
 Anyone sitting here?  
 Are they any good?  
 Are we still going?  
 Are you alone?  
 Are you busy?  
 Are you comfortable?  
 Are you glad?  
 Are you listening to me?  
 Are you okay?  
 Are you ready?  
 Are you sick?  
 Are you working today?





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Are you working tomorrow?  
 Can I ask a favor?  
 Can I take these with me?  
 Can we go to the movies?  
 Can we make plans for the weekend?  
 Can we plan our day for tomorrow?  
 Can we plan our day?  
 Can you bring me ....?  
 Can you hold this?  
 Can you listen to me, please look in my eyes?  
 Can you mail this letter (package) for me?  
 Can you take me to ....?  
 Could you repeat that?  
 Did it hurt?  
 Did you get my message?  
 Did you have a good weekend?  
 Didn't it come?  
 Do I have everything?  
 Do you agree?  
 Do you know where I am going?  
 Do you know where we are going?  
 Do you know why?  
 Do you like him (her, them, etc.)?  
 Do you think so?  
 Do you want me to?  
 Do you want that?  
 Does that make sense?  
 Have you ever had those?  
 How can I get a hold of you?  
 How did I do?  
 How did it go?  
 How did it turn out?  
 How do I know when.....?  
 How do you feel?  
 How do you know?  
 How is the weather?  
 How long will you be gone?  
 How long?





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How much is it?  
 How much more is there?  
 How much will it cost?  
 How much?  
 How old are you?  
 How was your day at school (work)?  
 How was your weekend?  
 How will I.....?  
 How will you know?  
 How's that?  
 I want to know what it is  
 Is it okay?  
 Is she (he) coming?  
 Is that a yes or no?  
 Is that right?  
 Is there anything I can do?  
 Isn't that the right thing to do?  
 Isn't there any way?  
 Just answer my question  
 May I interrupt you?  
 Should I take it?  
 Show me  
 Tell me how much  
 Tell me what you are doing  
 That doesn't answer the question  
 Was there something else?  
 What about you?  
 What am I doing?  
 What are you doing this summer?  
 What are you doing?  
 What are you going to do next?  
 What are you going to do tonight?  
 What are you here for?  
 What are you looking for?  
 What are you talking about?  
 What are you trying to do?  
 What are you trying to say to me?  
 What are you waiting for?





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What are your plans for ....  
 What caused it?  
 What could possibly happen?  
 What did he (she) think about that?  
 What did it say?  
 What did she (he) say?  
 What did you come with?  
 What did you do last night?  
 What did you do on the weekend?  
 What did you do this morning (afternoon, etc)?  
 What did you make (do) at school today?  
 What do I do now?  
 What do you have to do?  
 What do you think I said?  
 What do you think of it?  
 What do you want to do?  
 What do you want?  
 What does it matter?  
 What does that mean?  
 What else is on?  
 What happened at school today?  
 What happened this time?  
 What happened to you?  
 What happened?  
 What happens afterwards?  
 What have you been doing?  
 What is it?  
 What is next?  
 What is that?  
 What is the definition of....?  
 What is the next plan?  
 What is wrong?  
 What is your schedule?  
 What kind is it?  
 What kind of shows are on?  
 What then?  
 What time is it?  
 What was he (she) doing?





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What were they?  
 What's for lunch (breakfast, dinner)?  
 What's going on in your world?  
 What's going on there?  
 What's going on?  
 What's happening now?  
 What's next?  
 What's on your agenda for today?  
 What's so funny?  
 What's that doing in here?  
 What's that?  
 What's the score?  
 What's this one for?  
 When do we eat?  
 When do we go?  
 When was the last time that happened?  
 When will I see you next?  
 Where are they?  
 Where are you going?  
 Where are you sitting?  
 Where can I get it?  
 Where did I get this?  
 Where did that come from?  
 Where do I go?  
 Where is ....?  
 Where is everyone?  
 Where is it?  
 Where is the restroom?  
 Where were you?  
 Which one is it?  
 Who are you looking for?  
 Who called?  
 Who was that?  
 Who's coming?  
 Whose is that?  
 Why are you concerned?  
 Why are you here?  
 Why did he (she, you, etc.) go there?







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Why did they go to all that trouble?  
 Why did you get so many?  
 Why don't you go?  
 Why won't you be there?  
 Why, what do you mean?  
 Will I be able to get another one?  
 Will I see you next?  
 Will it hurt?  
 Will you be there?  
 Will you call them?  
 Will you prepare dinner?  
 Would anyone like to play a game?  
 Would you get the mail?  
 Would you start the shower?  
 Would you unload the groceries from the car?  
 Would you unpack the groceries?  
 Would you?  
 You don't mind?  
 You know what I think?  
 You really believe that?

## Generic Request Phrases

Accept my decision  
 Are you coming?  
 Are you doing anything special this weekend?  
 Are you excited?  
 As careful as you can  
 Be careful  
 Be very, very careful  
 Bring that over here  
 Can I ask a favor?  
 Can I do this?  
 Can I get a new one?  
 Can I try one?  
 Can I use it?  
 Check if it's right  
 Could I have some?  
 Did you have a good weekend?





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Do it  
 Do you have the time to play?  
 Do you mind?  
 Don't complain  
 Don't do that again  
 Don't mess with it  
 Drive carefully  
 Give me that, please  
 Go back to bed  
 Grab one of those  
 Guess what I want?  
 Have you been there?  
 Have you heard anything?  
 Help me out  
 How about it?  
 How do you feel about that?  
 How many more?  
 How would you feel?  
 I need help now  
 I need it  
 I wonder if I could get a new one?  
 I would like you to see ....  
 I'd like to see it  
 I'll show you what I want  
 Let me  
 Let me go  
 Let me see it  
 Let's do it  
 Let's go  
 Let's play  
 Listen to that  
 Please find out  
 Please get me some  
 Please get out of here  
 So why don't we do that?  
 Someone help me  
 Tell me about your day  
 Tell me about your family





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This is a request  
 Turn it over  
 Watch out  
 We have to stop  
 We ought to try that  
 What do you think about that?  
 What's happening with you?  
 What's new?  
 When you find out, let me know  
 When?  
 Where?  
 Why don't we do that?  
 Why don't you give it to me?  
 Why don't you put that away?  
 Why?  
 Will you do me a favor?  
 Would you come?  
 Would you do it?  
 You could help a little  
 You'd better come

## Conversation Control Phrases

All I'm trying to say is  
 As I was saying  
 Boy am I glad you called  
 But guess what  
 Can I talk to you?  
 Change the subject  
 Come right back please  
 Could you repeat what you said?  
 Did you understand?  
 Didn't you know that?  
 Do you know what he did?  
 Do you understand what I mean?  
 Explain that to me  
 Guess what I've got?  
 Guess what?  
 Haven't I met you before?





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Help me understand that  
 How about you?  
 How are things going for you?  
 How come?  
 I changed my mind  
 I don't understand what happened  
 I don't understand your question  
 I don't want to interrupt  
 I forgot to mention  
 I have a great idea  
 I have news  
 I have something to say about that  
 I have to go  
 I just remembered  
 I know why  
 I need to explain  
 I really like to talk about it  
 I should explain  
 I want to go on a date  
 I want to know  
 I want to show you something  
 I want to talk to you about ....  
 I was just curious  
 I was just wondering  
 I was saying  
 I will see you  
 I'd better get going  
 I'd better go  
 I'll have to think of a few more questions  
 I'll let you know  
 I'll see you around  
 I'm curious about  
 I'm really glad you dropped by  
 Is it a deal?  
 Is that okay?  
 I've got an idea  
 Just one comment  
 Just one more thing





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Let me answer  
 Let me tell you about it  
 Let me tell you what I did  
 Let me tell you why  
 Let me tell you why I was upset  
 Let's do it again  
 Let's do it another time  
 Let's see now  
 Let's try that again  
 Listen to me  
 May I say something?  
 Over and out  
 Please don't interrupt  
 Please let me finish  
 Please wait until I finish what I am trying to say  
 See you later  
 Tell me about it  
 Tell me what you think I said  
 Thanks for telling me  
 That's all I have to say  
 That's all that's happening  
 There was something else I was going to ask you  
 What are you going to do today?  
 What are you talking about?  
 What are you trying to tell me?  
 What did she say?  
 What do you think about that?  
 What do you think?  
 What is it now?  
 What were you about to tell me?  
 What?  
 What's up?  
 What's wrong?  
 Will I see you later?  
 Would you mind if I talk while you are interrupting?  
 You are not going to believe this  
 You don't have to go  
 You know something?







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You know what I think?  
 You know what, I don't understand?

## Social Amenities

Anything I can do?  
 Anything's possible  
 Are you crazy?  
 Are you serious?  
 Are you sure you don't mind?  
 As far as I'm concerned  
 As much as I can  
 As usual  
 Beats me  
 Believe me, it is  
 Blows that theory to hell  
 Boy, do I ever know  
 Can I help?  
 Can you beat that?  
 Come to think about it  
 Could be better  
 Don't encourage him (her)  
 Don't make me laugh  
 Don't mess me up  
 Don't worry about it  
 Easy for you to say  
 Excuse me  
 For all I know  
 Forget about it  
 Hey good looking  
 Hi, how are things going?  
 How are you?  
 How dare you?  
 How do you feel?  
 I didn't mean it  
 I didn't mean to  
 I don't mean to cause trouble  
 I goofed  
 I hope you feel better





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I missed you  
 I think you're wonderful  
 I want to thank you  
 I was just kidding  
 I was only joking  
 If you don't mind  
 I'm glad you're here  
 I'm sorry  
 It's good to see you  
 Loosen up  
 Much obliged  
 Pardon me  
 Please sit down  
 Pretty please  
 Sorry to keep popping off  
 Thank you anyway  
 Thank you very much  
 Thanks a lot  
 Thanks a lot, it really helps  
 Thank for the ride  
 That helped tremendously  
 Wish me luck  
 You helped a lot  
 You're so nice

## Generic Responses Phrases

A little more  
 A lot of fun  
 Absolutely ridiculous  
 At least it isn't any worse  
 Change the subject please  
 Could be better  
 Get out of here  
 Give me a break  
 Give me some  
 Good idea  
 Have a heart  
 He doesn't do anything





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He doesn't know anything  
 He just took off  
 He sounds really nice  
 Help yourself  
 Here's another thing  
 Hey good looking  
 Hey man, you've got a lot of guts  
 Hi, how are things going?  
 Honest to goodness  
 How about that?  
 How are you?  
 How could I be mad at you?  
 How dare you?  
 How did you know?  
 How do they know?  
 How do you feel?  
 I always do  
 I am getting along  
 I am getting along  
 I am sorry to hear that  
 I believe it  
 I can handle it  
 I can't  
 I can't answer  
 I can't believe it  
 I can't figure that out  
 I can't help it  
 I can't remember  
 I can't remember anything else  
 I can't tell  
 I can't think of anything  
 I can't understand  
 I certainly did  
 I certainly don't mind  
 I could probably do better  
 I didn't know  
 I didn't know that  
 I didn't mean it





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I didn't mean to  
 I didn't realize that  
 I didn't say anything  
 I didn't say it was true  
 I do not have any idea  
 I don't doubt that  
 I don't have much choice  
 I don't have them  
 I don't have time today  
 I don't know  
 I don't know how  
 I don't know what it is  
 I don't know which one  
 I don't know who did it  
 I don't know yet  
 I don't mean like that  
 I don't mean to cause trouble  
 I don't need it  
 I don't need it anymore  
 I don't really know how  
 I don't really need it  
 I don't really remember  
 I don't remember  
 I don't see him (her, them, etc.) anymore  
 I don't think so  
 I don't think they care  
 I don't think you've met him (her, them, etc.)  
 I don't understand  
 I don't understand it either  
 I don't want anything  
 I don't want it  
 I don't want that  
 I don't want to  
 I doubt it  
 I feel like it  
 I forgot  
 I forgot about that  
 I found it





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I gave my final word  
 I go to work  
 I goofed  
 I greatly appreciate that  
 I guarantee it  
 I guess  
 I guess not  
 I guess so  
 I had a real busy day  
 I hadn't thought about it  
 I have no idea  
 I have noticed that  
 I haven't yet  
 I haven't noticed any difference  
 I hear you  
 I heard from ....  
 I hope it is  
 I hope you feel better  
 I just don't feel like it  
 I just don't think that's true  
 I just wanted to find out  
 I Know  
 I know it  
 I know it's important  
 I know that  
 I know what you mean  
 I know, I don't need to be reminded  
 I like that  
 I might as well  
 I missed you  
 I need more information  
 I probably won't  
 I promise  
 I really do  
 I really feel I can't do it  
 I really think it's ....  
 I really think it's long enough  
 I really tried







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I really try  
 I said I don't know  
 I said I was  
 I still have to  
 I suppose so  
 I sure hope so  
 I think I am ready to go  
 I think I did it wrong (right)  
 I think it's wrong  
 I think it's only fair  
 I think not  
 I think so, too  
 I think that is unnecessary  
 I think we ought to do that  
 I think you're right  
 I think you're wonderful  
 I thought I was through  
 I thought it would be good for me  
 I thought so  
 I thought you were going to  
 I told you  
 I told you I don't know  
 I trust you  
 I understand  
 I understand that  
 I want one  
 I want to go with you (him, her, them, etc.)  
 I want to thank you  
 I was going to  
 I was just kidding  
 I was only joking  
 I was only kidding  
 I was supposed to  
 I was trying to tell you  
 I wasn't sure  
 I will  
 I will not  
 I will still need it





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I will try harder  
 I wish I knew what happened  
 I wish them luck  
 I won  
 I wonder  
 I won't do that  
 I won't guarantee anything  
 I won't let him  
 I worry about that  
 I would do something like that  
 I wouldn't know about it  
 I'd check  
 I'd love to  
 If I could, I would  
 If you don't mind  
 If you want to  
 I'll ask him (her)  
 I'll check  
 I'll come back  
 I'll deal with it  
 I'll decide later  
 I'll keep an eye on that for you  
 I'll plan on it  
 I'll try  
 I'm afraid I can't change that  
 I'm afraid so  
 I'm disappointed  
 I'm doing all right  
 I'm doing it anyway  
 I'm doing well, thank you  
 I'm finished  
 I'm finished for tonight  
 I'm game for trying that  
 I'm getting kind of tired  
 I'm glad you're here  
 I'm going home  
 I'm just making a comment  
 I'm not a child





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I'm not even sure I want the answers  
 I'm not going anywhere  
 I'm not talking about that  
 I'm not trying to put it off  
 I'm not worried about it  
 I'm okay  
 I'm probably going to be sorry  
 I'm probably not going to go out  
 I'm sorry  
 I'm sorry to hear that  
 I'm still thinking about it  
 I'm supposed to  
 I'm supposed to have  
 I'm sure  
 I'm sure he'd (she'd they'd you'd, etc.) know better  
 In a while  
 Is there any doubt  
 Is there something wrong with that?  
 It certainly did  
 It could have been  
 It depends  
 It didn't turn out that way  
 It doesn't matter  
 It doesn't matter, I guess  
 It has to be  
 It is important to me  
 It is not that important  
 It just seems to always happen like that  
 It just wasn't very exciting  
 It makes me very nervous  
 It might work  
 It might work out  
 It really helps  
 It was so good (bad)  
 It would be easier for you  
 It's up to you  
 It's all right  
 It's almost over





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It's completely different  
 It's different all right  
 It's going to be so much  
 It's good to see you  
 It's got nothing to do with it  
 It's just your imagination  
 It's my friend  
 It's not that important  
 It's ridiculous  
 It's terrible  
 It's the truth  
 I've been told  
 I've got no idea  
 I've had the same kind of trouble  
 I've heard of that  
 I've never heard of it  
 Just fine  
 Just looking  
 Kiss my grits  
 Let's not go into that  
 Let's not take it to extreme limits  
 Let's stop somewhere and eat something  
 Let's try again  
 Let's try it  
 Looks like it  
 Loosen up  
 Makes you wonder  
 Maybe I'll do that  
 Maybe they do  
 Maybe, maybe not  
 Much obliged  
 Never mind  
 No I'm not  
 No joke  
 No way  
 Nobody told me that  
 Not much at all  
 Not usually, but in this case





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Not very good today  
 Not very good today  
 Nothing wrong with that  
 Of course  
 Of course I do  
 Oh darn  
 Oh my God  
 Okay gorgeous  
 One more minute  
 One never knows  
 Pardon me  
 Please sit down  
 Please stop nagging  
 Poor thing  
 Pretty please  
 Really  
 She didn't give me that impression  
 So is mine  
 So that's the way it is?  
 So what?  
 Something like that  
 Sorry to keep popping off  
 Sure I am  
 Thank God  
 Thank the Lord for small favors  
 Thank you anyway  
 Thank you very much  
 Thanks a lot  
 Thanks a lot, it really helps  
 That depends  
 That didn't work  
 That does the trick  
 That helped tremendously  
 That is interesting  
 That makes me mad  
 That surprises me  
 That was fun  
 That was nice of him (her, them, etc.)







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That won't make a difference  
 That would be a big help  
 That would be great (awful)  
 That's a big deal  
 That's a deal  
 That's all  
 That's all I know  
 That's an idea  
 That's better  
 That's enough  
 That's exactly it  
 That's fine  
 That's good  
 That's got nothing to do with it  
 That's gross  
 That's it  
 That's just great  
 That's kind of exciting  
 That's kind of unusual  
 That's kind of upsetting  
 That's my choice  
 That's my problem  
 That's not right  
 That's not the way it works  
 That's okay  
 That's right  
 That's the last resort  
 That's the truth  
 That's the way it should be  
 That's the way it's always been  
 That's what I said  
 That's why  
 That's why I was in there  
 There is nothing I can do about it  
 There used to be  
 There was something else  
 There you are  
 There's got to be a better way





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There's got to be another way  
 There's no more  
 There's no way in the world  
 There's nothing I can do about it  
 There's nothing more  
 They do the strangest things  
 They told me that  
 They usually do  
 They won't  
 This is anticipated  
 This is different  
 This is great  
 This thing  
 Unfortunately, yes  
 Want to bet?  
 Well it sure feels like it  
 Well it sure looks like it  
 Well, anything is possible  
 Well, I wouldn't know about that  
 What an idea  
 What can I do?  
 What else am I going to do?  
 What luck  
 What other choice do I have?  
 Why not?  
 Wish me luck  
 Yes you can  
 Yes, I can  
 Yes, I can do that  
 Yes, I was  
 You are kidding  
 You bet your britches  
 You better believe it  
 You better come  
 You better not  
 You can come up with something better  
 You can do it  
 You can give it to me





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You can say that again  
 You can try but I doubt it  
 You could not possibly understand  
 You go ahead  
 You have a good day  
 You have to wait  
 You helped a lot  
 You know how it goes  
 You know how it works  
 You know that  
 You know they do  
 You know what I mean  
 You know what I think  
 You know what it takes  
 You never know  
 You said you'd try  
 You should have told me  
 You shouldn't have  
 You think so?  
 You wanna bet?  
 You work a lot  
 You're coming right back  
 You're doing the right thing  
 You're not going to believe this  
 You're not supposed to  
 You're so nice  
 You've done everything  
 You've got time  
 You've got to be kidding  
 You've got to be nuts  
 You've helped a lot

## **Nourishment/Food**

Are you hungry?  
 Can I have a glass of water?  
 Can I have a spoon (knife, fork)  
 Can I have some chicken?  
 Can I have some chips and dip?





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Can I have some mayonnaise (mustard) on my sandwich?  
 Can I have some more please?  
 Can I have some pickles?  
 Can I have something else?  
 Can I munch on some nuts?  
 Can you cut the food for me?  
 Can you help me with my breakfast (lunch, dinner, snack, etc.)?  
 Can you save this for another time?  
 Do we have any chips?  
 Do you have any chocolate?  
 I am full  
 I am not hungry  
 I am not hungry anymore  
 I am not hungry at all  
 I am so hungry  
 I am starving  
 I can't eat .....I am allergic to it  
 I can't eat another bite  
 I could eat this every day  
 I don't eat meat  
 I don't like this  
 I don't think I want any more  
 I don't want a snack  
 I don't want any dessert  
 I don't want anymore  
 I don't want eggs  
 I don't want to eat breakfast now  
 I don't want to eat dinner now  
 I don't want to eat lunch now  
 I feel like eating something salty  
 I feel like eating something sweet  
 I hate to eat ....  
 I love to eat ....  
 I need a napkin  
 I need something to drink  
 I never want to eat that again  
 I only eat vegetables  
 I really don't like this at all





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I think this tastes so good  
 I want to eat now  
 I will be ready to eat in a little while  
 I would like a candy bar  
 I would like a cookie  
 I would like a few cherries  
 I would like a piece of cake  
 I would like a salad  
 I would like some ice cream  
 I would like some more  
 I would like some pretzels  
 I would like to eat a steak  
 I would like to eat some fish  
 I would like to eat some potatoes  
 I would like to have a banana  
 I would like to have a pear  
 I would like to have a piece of fruit  
 I would like to have a snack  
 I would like to have a soda  
 I would like to have an apple  
 I would like to have an iced tea (with lemon)  
 I would like to have an orange  
 I would like to have dessert later  
 I would like to have some blueberries  
 I would like to have some dessert now  
 I would like to have some raisins  
 I would like to have some soup  
 I would like to have some yogurt and berries  
 I would like to have vegetables with my dinner  
 I would rather eat .....  
 I'd like my eggs, fried (scrambled, poached)  
 I'd like to have some noodles  
 I'd like to have some oatmeal (with brown sugar and fruit)  
 I'd like to have some pasta  
 I'd like to have some toast (with jam/jelly)  
 I'd like a bowl of cereal  
 I'd like a bowl of soup  
 I'd like some cheese on my sandwich







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I'd like to eat breakfast now (soon)  
 I'd like to eat dinner soon  
 I'd like to eat lunch now  
 I'd like to eat lunch soon  
 I'd like to have a bagel (toasted) with butter (cream cheese)  
 I'd like to have a cup of coffee (with milk and sweetener)  
 I'd like to have a cup of hot chocolate  
 I'd like to have a cup of tea (with milk and sweetener, lemon)  
 I'd like to have a glass of juice  
 I'd like to have a glass of milk  
 I'd like to have a hamburger with fries  
 I'd like to have a hot dog  
 I'd like to have a peanut butter and jelly sandwich  
 I'd like to have a salad  
 I'd like to have a sandwich  
 I'd like to have an English muffin  
 I'd like to have an omelet  
 I'd like to have dinner now  
 I'd like to have French toast  
 I'd like to have lettuce and tomato on my sandwich  
 I'd like to have pancakes (waffles) with syrup  
 I'd like to have some fresh fruit  
 I'd like to have some onions on my sandwich  
 I'd like to have some pizza  
 I'd like tuna fish  
 I'll finish this later, I'm full  
 I'm going to eat  
 I'm hungry for some breakfast  
 Is there any pie?  
 Please make this again  
 Thank you for making that for me  
 This is a bit too hot  
 This is delicious  
 What can I have to eat this morning?  
 What kind of cookies do you have?  
 What's for breakfast?  
 What's for dinner?  
 What's for lunch?





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Would you like something to drink (eat, snack)?  
You always make the things I like to eat

## Likes/Dislikes

I don't like this music  
 I don't like to go there  
 I don't like him (her, them)  
 I don't like that place  
 I don't like that restaurant  
 I don't like that with my food  
 I don't like this food  
 I have always liked that place  
 I like a lot of different sports  
 I like her (him, them)  
 I like ice cream  
 I like that place  
 I like to do it  
 I like to go on car rides  
 I like to go there  
 I like to go to the movies  
 I like to have company come to visit  
 I like to listen to music  
 I like to listen to my IPOD  
 I like to look at the sunset  
 I like to see the waves in the ocean  
 I like to watch sports on TV  
 I like to watch the cooking shows on TV  
 I like to watch TV  
 I never liked that  
 I never liked them (her, him)  
 I really like chocolate  
 I really like to eat pizza  
 I would like to go for a walk  
 I'd like to listen to a book on tape  
 I'd like to read a book (magazine)  
 I'd like to talk about it  
 I've always liked that  
 I've always liked them (her, him)





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## Appreciation

Do you know how much I appreciate all you do?  
 I am lucky to have you in my life  
 I am so grateful for all you have done for me  
 I am so happy to have you as a friend  
 I am so grateful for all the prayers, thought and support I have received, it's really helped  
 I appreciate your friendship  
 I could never have done this without your help and support  
 I hope you know how much I appreciate you  
 I hope you know how much you mean to me  
 I love you  
 I thank you for everything  
 I'm so grateful to have you in my life  
 I'm thankful for all you do for me  
 It's good to hear your voice  
 Thank you for being such a good friend  
 Thank you for helping me  
 Thank you for just being you  
 Thank you for your good wishes  
 Thank you for your thoughtfulness  
 Thank you for being such a good friend  
 Thanks for everything  
 Thanks for your help  
 That's awfully generous of you  
 You are such a good person to help me  
 You are the best partner  
 Your friendship means so much to me  
 Your help means so much to me  
 Your support means so much to me

## Expressions of Love

Do I tell you often enough how much I love you?  
 Do you know how much I love you?  
 I am so proud of you  
 I love you  
 I love you more than I can say  
 I miss holding you





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I miss talking to you  
 I miss the rhythm of conversation  
 I need you  
 I want to be together forever  
 I want to share the rest of my life with you  
 I will always be with you  
 I will always be in your heart  
 I'm glad you're in my life  
 It's so easy to love you  
 I've been meaning to tell you how much I love you  
 Let's remember to be here for each other  
 We are so good together  
 What more could I have ever wanted than you?  
 You are all I could have asked for  
 You are an amazing (wife, mother, child, sister, brother, mom, dad, etc.)  
 You are everything I've ever wanted  
 You are my best friend  
 You are my soul mate  
 You are the best  
 You are the greatest kids in the world  
 You are the most special person  
 You make me so happy  
 You make my life better

You mean so much to me

## Conversing About ALS

ALS affects the body, it does not affect the mind  
 ALS sucks  
 Fuck ALS  
 Fuck Lou Gehrig  
 Having this disease has made me ...  
 I am determined to ...  
 I can hear and understand everything that you are saying  
 I can't believe this is happening to me  
 I can't stand this  
 I can't think about ....





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I don't want to lose my dignity  
 I fear the loss of...  
 I feel frightened sometimes  
 I hate this life  
 I have ALS/Lou Gehrig's disease and I have trouble speaking  
 I use this machine to communicate  
 I wish I didn't have to go through this  
 I worry about ...  
 I'm having a great day  
 I'm having a very bad day  
 It makes me really mad that ....  
 It's hardly fair  
 One good thing about this disease is ....  
 Please tell me if you can't understand what I am trying to say  
 Sometimes I feel no one can understand what it feels like to go through this  
 Sometimes I just need to feel sorry for myself  
 Sometimes I just want to scream  
 This illness can really get you down  
 You can't imagine how difficult this can be

## Health and Safety

This is an emergency!  
 Get help now!  
 I need suction  
 Can you help me  
 I need help now

## Family and Close Friends' Names

## Compassion

Don't be annoyed with me  
 How could I be mad at you?  
 I am here for you  
 I am really sorry  
 I am sorry  
 I feel terrible that you are so unhappy







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I hope everything turns out okay  
 I hope everything works out  
 I wish I could change things for you  
 I wish I could help you  
 I wish I could make it easier  
 I wish I could make things better for you  
 I wish you well  
 I would like to help if I can  
 I'm really sorry to hear that  
 I'm really sorry to put you through this  
 I'm sorry I'm not able to help you more  
 I'm sorry you are having a bad day  
 I'm sorry you don't feel well  
 I'm sorry you have to go through this with me  
 It didn't seem like it went well, sorry  
 Please don't be mad at me  
 Try not to be so sad

## Environmental/Elements

Another gorgeous day  
 Let's go outside  
 Another rainy day  
 Another snowy day  
 Can you make it cooler in here?  
 Can you make it warmer in here?  
 Can you open the door to let the breeze in?  
 I hope it doesn't snow (rain)  
 It looks like a blizzard  
 It's beautiful outside  
 It's bright and sunny outside  
 It's cloudy  
 It's cold in here  
 It's dark in here  
 It's drizzling  
 It's hot and humid today  
 It's hot in here  
 It's nice and cool  
 It's pouring cats and dogs





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It's raining  
 It's raining (snowing sunny, cloudy, foggy) out right now  
 It's slippery outside  
 It's snowing  
 It's so cold  
 It's so windy  
 It's too bright in here  
 It's too cold to go out  
 It's too nice to be inside  
 It's very hot  
 It's very humid  
 Let's just stay inside today  
 Please open the window and get some air in here  
 The moon is so bright  
 The stars are twinkling  
 The sun is shining  
 The weather is beautiful today  
 There is no rain (snow, etc.) in the forecast  
 There's a full moon tonight  
 There's no humidity in the air  
 What a beautiful day  
 What's the weather like today?

## Occasions/Holidays/Celebrations

Bon voyage  
 Congratulations on your graduation  
 Congratulations on the birth of your baby  
 Congratulations on your engagement  
 Congratulations on your wedding  
 Enjoy the party  
 Enjoy your vacation  
 Good luck  
 Happy anniversary  
 Happy birthday  
 Happy Chanukah  
 Happy New Year  
 Have a great trip  
 Have a safe trip





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Have fun at the party  
 I am having the best time  
 I am so happy to be a part of today  
 I haven't had this much fun in a long time  
 I hope I can celebrate many more with you  
 I hope you celebrate many more  
 I'm glad I could be a part of the celebration  
 It's good to be here  
 It's great for all of us to be together to celebrate  
 Merry Christmas  
 This is a great party

## Personal Care/Needs

Can I have a backrub?  
 Can I have a spritz of perfume/cologne?  
 Can I have a tissue?  
 Can you bring me my IPOD (IPAD, laptop, etc.)?  
 Can you dry my hair?  
 Can you get me pillow?  
 Can you help me .....  
 Can you help me get dressed?  
 Can you help me get dried off?  
 Can you help me get ready for bed?  
 Can you help me put on some makeup?  
 Can you help me set up my IPAD?  
 Can you play a DVD?  
 Can you please comb my hair?  
 Can you take out my contact lenses?  
 Can you turn on the TV?  
 I need a blanket  
 I need a pillow  
 I need a shower  
 I need a tissue  
 I need help moving this ....  
 I need help putting on my shoes  
 I need my glasses  
 I need my hair to be easy to care for  
 I need some soap in the shower





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I need some toothpaste  
 I need to blow my nose  
 I need to care for feminine issues, can you help me?  
 I need to lay down  
 I need to relax  
 I need to shave  
 I need to shave my legs  
 I need to use the bathroom  
 I need your help picking that up  
 I want to get my eyebrows waxed  
 I want to take a bath  
 I want to take a shower  
 I want to try a new(different) haircut  
 I want to use the laptop  
 I want to watch the news  
 I would like to brush my teeth  
 I would like to comb my hair  
 I would like to get a manicure(pedicure)  
 I would like to listen to some music  
 I would like to listen to the IPOD  
 I would like to put on my pajamas  
 I would like to use some mouthwash  
 I would like to wash my hair  
 I've had a problem, can you help me get cleaned up?  
 My feet are cold, can I have my slippers (socks, etc.)  
 Please cut my fingernails (toenails)  
 Please get me my case  
 Please get me my handbag  
 Please help me wash my face  
 Please help me wash my hands  
 Please use conditioner to take out the tangles in my hair

## Self Determination

Accept my decision  
 All I am trying to say is ....  
 Change the subject, please  
 Do it  
 Don't do that again





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Explain that to me  
 Get the hell away from me  
 Give me that, please  
 How will I ...  
 I am doing it  
 I can handle it  
 I can't move but I am alive  
 I don't want that  
 I don't want that treatment  
 I gave my final word  
 I have something to say about that  
 I have the choice  
 I know, I don't need to be reminded  
 I really feel I can do it  
 I refuse that treatment  
 I think it's long enough  
 I want to do it  
 I want to know what it is  
 I want to talk about...  
 I won't guarantee anything  
 I would have to question that idea  
 I would really like to discuss that further  
 If I could, I would  
 I'll deal with it  
 I'll let you know  
 I'm as crazy as I was before  
 I'm as sane as I was before  
 I'm doing the impossible  
 I'm doing well  
 I'm finished  
 I'm not a child  
 I'm not contagious  
 I'm not going to take it  
 I'm still here you sons of bitches  
 I'm too rushed  
 It feels great to ...  
 It is important to me  
 It suddenly becomes important







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It's absolutely ridiculous  
 It's my choice  
 It's my decision to make  
 It's up to me  
 I've had it  
 Just tell the truth  
 Look out world, here I come  
 No I won't  
 No I'm not  
 Please don't interrupt  
 Please don't touch me  
 Please get out of here  
 Please keep in mind I am a human being  
 Please keep in mind I am a person  
 Please keep in mind I was very healthy just a short time ago  
 Please let me finish, don't anticipate  
 Please remove that  
 Please stop  
 Please stop nagging  
 Please wait until I finish what I am trying to say  
 Should I be concerned?  
 Take that away  
 Take that away from me  
 That is not fair  
 That makes me mad  
 That's my problem  
 That's all I have to say  
 That's my choice  
 That's my problem  
 That's not the way it works  
 That's too much for me  
 That's what I like  
 That's what I said  
 That's why I feel the way I do  
 We have to stop  
 What are my choices?  
 What can I do?  
 What is next?





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Yes, I can do that  
 You bet your britches  
 You can come up with something better  
 You could not possibly understand

## Suggestions/Initiations

Can you think of something I can do to keep busy?  
 Do you need me to help you?  
 Do you need my help to explain this?  
 Do you want me to help you with your homework?  
 Do you want me to take care of that?  
 Do you want to go with me to the doctor's appointment?  
 Do you want to visit your relatives?  
 Does anyone want to go for a walk?  
 Does anyone want to go to the beach?  
 How about if we just stay inside?  
 How about if we light a fire in the fireplace?  
 How can I help you?  
 How would you like to celebrate our anniversary?  
 I could use your input  
 I'd be happy to .....

Should I make that phone call?  
 What can we do to make your day more special?  
 What do you think we should do?  
 What should we do for your birthday?  
 Where would you like to go for dinner?  
 Would anyone like to play a game?  
 Would you be willing to try to go on a vacation?  
 Would you like me to help prepare breakfast (lunch, dinner, etc.)?  
 Would you like to get tickets for the .....?  
 Would you like to go out for breakfast (lunch, dinner)?  
 Would you like to go outside?  
 Would you like to go somewhere overnight?  
 Would you like to go to see a show?  
 Would you like to take a road trip?  
 Would you like to try the new restaurant?  
 Would you like to watch some TV ( a movie)?





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## Family Routines

Are you getting ready for bed?  
 Are you going to prepare dinner?  
 Are you picking up the kids?  
 Can you take out the garbage?  
 Can you bring in the mail?  
 Can you fill up the car with gas?  
 Can you get the newspaper from outside?  
 Can you make a pot of coffee?  
 Did you bring the clothes to the cleaners?  
 Did you do the laundry?  
 Did you pack your lunch?  
 Did you put your clothes away?  
 Did you start (finish) your homework?  
 Did you straighten up your room?  
 Don't forget to set your alarm  
 Hurry up and eat your breakfast or you'll be late  
 Hurry up, you'll miss the bus  
 Please set the table  
 Who is going to do the grocery shopping?  
 Whose turn is it to feed the cat (dog)  
 Whose turn is it to walk the dog?  
 Whose turn is it to wash the dishes?  
 I can make everyone's lunch for tomorrow  
 I can fold the laundry

## Modifying Other's Behavior

Don't complain  
 Don't do that again  
 Don't make me laugh  
 Don't mess me up  
 Stop that  
 Stop talking  
 Stop what you are doing  
 Put that down  
 Change the subject  
 Don't mess with that  
 Stop fidgeting





## Agreement/Disagreement Phrases

Absolutely not  
 Certainly  
 Do you really think so?  
 How do you know?  
 I agree  
 I agree with you  
 I believe what you are saying  
 I couldn't agree more  
 I don't agree with you  
 I don't believe you  
 I don't doubt that  
 I don't think so  
 I don't think what you are saying is correct  
 I doubt that  
 I think you are right  
 I think you are wrong  
 I'm not so sure  
 I'm sure that's right  
 No way!  
 Not a chance that's correct  
 Perfectly said  
 That's a possibility  
 That's correct  
 That's incorrect  
 That's not true  
 That's right  
 That's true  
 That's wrong  
 Who said so?  
 Yes, I agree  
 You are incorrect  
 You are right  
 You are right about that  
 You are wrong  
 You are wrong about that  
 You couldn't be further from the truth





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You missed the boat  
You're kidding  
You've got that right

## Additional recordings completed by people with ALS:

- **singing songs including 'happy birthday'**
- **laughing**
- **making silly noises or voices for which one is known**
- **declaratives such as: ah ha, hmmm (with varied intonations), uh ah, etc.**
- 

